

# THE KANTEEN

## APPETISERS

**Classic Hummus - 10.5**  
Tahini, Chickpeas, Boiled Egg,  
Olive Oil, Pita

**Tomato & Rice Soup - 8**

**Edamame - 8**  
Salted or Spicy

**Bruschetta - 9**  
Tomato, Onions, Olive Oil,  
Garlic, Pesto

**Halloumi Fries - 9.5**  
Honey Sriracha

**Soup of the Day - 8**  
(Please ask your server)

**Vegetable Mini Egg Rolls - 9.5**

**Roasted Cauliflower - 10**  
Tahini, Tomato, Parsley

## BRUNCH

**Eggs Bageldict Florentine - 13**  
Spinach, Hollandaise, Chives

**Buck Rarebit - 14**  
Toast, Cheddar Cheese, Poached  
Eggs, Red Slaw, Gherkins

**Smashed Avocado - 17**  
Poached Eggs, Granary Toast,  
Tomatoes, Cucumber, Onions, Olives,  
Feta, Vinaigrette, Almonds & Leaves

**Shakshuka - 13**  
Eggs, Tomatoes, Peppers,  
Onions

**Sunrise Sunset - 17**  
Latkes, Smoked Salmon,  
Poached Eggs, Israeli Salad

**Eggs Bageldict Royale - 14**  
Smoked Salmon, Hollandaise, Chives

**Fish Cakes - 16**  
Poached Eggs, Pea Puree

**Mediterranean Shakshuka - 14**  
Aubergines, Olives, Feta

**Shirley Valentine - 15**  
Fried Eggs, Chips, Red Slaw

**Kanteen Morning - 17**  
Eggs of your choice, Salad, Cream Cheese, Smoked Salmon,  
Tuna Mayo, Olives, Feta

**Omelette - 11**  
Served with Israeli Salad, Toast & Cream  
Cheese

**Croque Madame Champignon - 16**  
Bulka, Spinach, Mushrooms, Béchamel Sauce, Cheddar Cheese,  
Fried Egg, Red Slaw

Add Fillings - 1

Cheddar Cheese | Mozzarella | Spinach | Mushrooms | Onion | Tomato | Sweet Corn | Potato | Bell Peppers | Broccoli | Kale

## MELTS

White sesame or whole meal bagel served with  
mixed leaf salad

**The Royale - 13**  
Mozzarella, Tomato Sauce, Aubergine,  
Mushrooms, Onions & Olives

**Tuna Melt - 13**  
Tuna Mayo & Cheddar Cheese

**Italian - 13**  
Mozzarella, Tomato Sauce,  
Sundried Tomato & Pesto

**Greek - 13**  
Feta, Cheddar, Olive Oil, Olives & Hyssop

**The Kanteen - 13**  
Cheddar, Mozzarella, Cream &  
Mushroom

## SANDWICHES

**Smoked Salmon Bagel - 11**  
Pepper, Lemon, Cucumber & Cream  
Cheese

**Omelette Sandwich - 11**  
Cheddar Cheese, Spring Onions, Mayo,  
Lettuce, Pickle, Tomatoes on Sourdough  
Ciabatta

**Tuna Salad Sandwich - 11**  
Aioli Spread, Tomatoes, Lettuce,  
Boiled Egg & Pickle on Sourdough Ciabatta

**Halloumi Salad Sandwich - 12**  
Cream Cheese, Lettuce, Pesto, Tomatoes &  
Pickle on Sourdough Ciabatta

**Avocado Sandwich - 12**  
Smashed Avocado, Chickpea, Harissa,  
Tomatoes, Spinach on Sourdough Ciabatta

## JUMBO JACKETS

Served with Red Slaw or Mixed Leaves

**Baked Beans & Cheese - 13**

**Tuna Mayo & Sweetcorn - 13**

**The Kanteen Potato Bake - 14**  
Sliced Potato with Mushroom Cream  
& Melted Cheese

## PIDE

Oven baked Turkish style pizza, oval shaped.

**Cheese - 15**  
Cheddar, Mozzarella, Egg, Chives

**Veggie - 15**  
Spinach, Mushrooms, Onion, Peppers,  
Tomato, Mozzarella, Feta, Egg

**Kanteen Pide - 15**  
Squash, Aubergine, Green Olives, Pesto,  
Cream Cheese, Parmesan, Rocket Leaves, Egg

## SALADS

**Nicoise - 17**  
Tuna, Tomatoes, Cucumber, Peppers,  
Green Beans, Olives, Potatoes, Anchovies,  
Egg, Honey Mustard Vinaigrette & Leaves

**Halloumi & Mushroom - 18**  
Cucumber, Tomatoes, Walnuts,  
Teriyaki & Leaves

**Kale, Spinach & Feta - 17**  
Quinoa, Avocado, Cranberries,  
Squash, Onions, Chickpeas, Walnuts,  
Honey Mustard Dressing & Leaves

**Aubergine Schnitzel Salad - 17**  
Quinoa, Cherry Tomatoes, Onion,  
Pomegranate Seeds, Mixed Leaves &  
Tahini

**Protein Salad - 19**  
Grilled Salmon, Edamame,  
Radish, Spinach, Smashed  
Avocado, Broccolini, Boiled  
Eggs, Cucumber, Mixed  
Leaves, Asian Vinaigrette

**Greek - 17**  
Cucumber, Cherry Tomatoes, Onions,  
Feta Cheese, Mixed Olives,  
Lemon Vinaigrette,  
Leaves & Wholemeal Croutons

**Beetroot & Squash - 17**  
Feta, Cranberries, Almonds,  
Sunflower Seeds, Quinoa & Leaves

**Avocado & Smoked Salmon - 18**  
Quinoa, Broccoli, Sesame Seeds,  
Asian Vinaigrette & Leaves

**Sweet Potato Salad - 18**  
Feta, Cashew, Onions, Tomatoes & Leaves  
with Croutons, Mushrooms, Cucumber,  
Lemon & Teri-yaki Dressing

Add Grilled Salmon - 8

## ITALIANO

Penne / Spaghetti / Macchearoni

**Napolitana - 13**  
Tomato & Basil

**Arrabiata - 14**  
Tomato, Chilli, Garlic & Parsley

**Funghi - 15**  
Mushroom & Cream Sauce

**The Kanteen - 16**  
Tomato, Mushroom & Cream

**Penne Al Forno - 16**  
Tomato, Cream, Mozzarella & Oregano

**Primavera - 15**  
Spinach, Broccoli, Garlic, Coconut  
Milk, Chives & Pesto

**Gluten Free Penne Option - Extra 2**

## ENTRÉE

**Crispy Green Thai Stir Fry - 18**  
Asparagus, Broccoli, Green Beans, Cabbage, Bean  
Sprouts, Pak Choi, Garlic, Soy & Rice

**Pad Thai - 18**  
Noodles, Onions, Peppers, Cabbage, Broccoli,  
Carrots, Scallions, Bean Sprouts & Peanuts

**Kanteen Noodles - 22**  
Onions, Peppers, Cabbage, Carrots, Green Beans,  
Scallions & Bean Sprouts, Salmon Cubes & Sesame  
Seeds

**Red Fish Curry - 24**  
Salmon, Cauliflower, Carrot, Chickpeas, Squash,  
Coconut Milk, Rice

**Salmon Teriyaki - 24**  
Teriyaki, Garlic & Honey, Rice, Sesame

**Lemon Salmon - 24**  
Lemon, Herbs, Stir Fried Vegetables

**Miso Glazed Salmon - 24**  
Broccoli, Pak Choi, Green Beans, Rice

**Grilled Sea Bass - 27**  
Asian Greens, Soya Sauce, Chilli, Garlic,  
Mirin, Ginger

**Tuna Steak - 32**  
Watercress Salad, Avocado Salsa Verde

**Fish Finger Burger - 18**  
Tartare Sauce, Pickle, Lettuce & Chips

**Fish & Chips - 19**  
Breaded Fillet of Haddock,  
Chips & Mushy Peas

**Fish Goujons with Chips & Red Slaw - 19**

**Fish Tacos - 21**  
Pico de Gallo with Cajun Potato Chips

**Mac 'N' Cheese - 15**  
Baked Macaroni with Cheddar Cheese

**Green Veg Curry - 19**  
Cauliflower, Carrot, Chickpeas, Squash,  
Spinach

## PIZZA

Stone baked at 350 degrees

**Margherita - 13**  
Mozzarella & Tomato Sauce

**Skinny Bianca - 14**  
Mushrooms, Rocket, Truffle Oil,  
Béchamel, Fried Egg & Parmesan

**Funghi - 15**  
Mushrooms, Truffle Oil,  
Tomato Sauce & Mozzarella

**Florentina - 15**  
Spinach, Fried Egg, Olives, Garlic,  
Tomato Sauce & Mozzarella

**Add Pizza Topping - 1**  
Tomato | Olives | Sweet Corn | Onion  
Peppers | Spinach | Mushrooms  
Aubergine | Jalapeno

**Add Premium Topping - 1.50**  
Tuna | Anchovies | Feta | Fried Egg  
Smoked Salmon | Halloumi

## SIDES

**Kanteen Gourmet Fries - 5.5**

**Sweet Chilli Fries - 6**

**Latkes - 7**

**Onion Rings - 8**

**Sweet Potato Fries - 6.5**

**Truffle & Parmesan Fries - 7**

**Broccoli - 6**

**Cajun Fries - 6**

**Israeli Salad - 8**

**Mac & Cheese Bites - 8**

# THE KANTEEN

## WINE

Red

White

**Barkan Cabernet Sauvignon**  
Half Bottle - 14

**Barkan Classic Chardonnay**  
Half Bottle - 14

## BEER

**Gold Star - 5**

**Peroni - 5**

## SOFT DRINKS

**Cold Drinks - 3.5**  
Coca-Cola | Diet Coke | Coke Zero  
Diet Sprite | Fanta | Appletiser

**Still Water - Evian Mineral Water**  
Small - 2.5 | Large - 4.5

**Tapuzina Israeli Fruit Juice - 3**  
Strawberry & Banana | Lemon  
Grape

**Sparkling Water - Perrier - 2.5 | 4.5**

## FRESH NUTRI JUICES

**Orange & Carrot Twist - 6**

**Apple | Orange | Carrot - 5**

**Orange Supreme - 6**  
Orange, Carrot, Banana & Apple

## ICED DRINKS

**Mango & Passion Fruit - 5.5**

**Iced Tea - 4.5**  
Lemon | Peach | Raspberry

**Iced Latte - 4.5**

**Limonana - 5.5**  
Lemon & Mint

**Iced Chocolate - 4.5**

## NATURAL FRUIT SMOOTHIES

**Summer Breeze - 6**  
Strawberry, Peach, Papaya &  
Orange

**Raspberry Heaven - 6**  
Raspberry, Blueberry, Mango & Pineapple

**Jungle Punch - 6**  
Acai, Strawberry, Blueberry, Orange & Mango

**Super Green - 6**  
Spinach, Avocado, Apple, Lime,  
Basil & Spirulina

**Strawberry Kiss - 6**  
Strawberry, Banana & Apple

**Kanteen Shake - 6**  
Strawberry, Banana, Dates &  
Milk

## COFFEE

**Espresso - 2.2**

**Flavoured Coffee Option - 0.5**

**Hot Chocolate - 3.75**  
Add Whipped Cream | Marshmallows - 0.5

**Double Espresso - 2.5**

Vanilla | Caramel | Chocolate | Hazelnut | Coconut | Caramelised Peanut | Salted Caramel

**Double Macchiato - 2.6**

**Dairy Alternatives**

Coconut, Oat or Almond - 0.5 | Soya - Free

**Flat White - 3.65**

**Caramel Mocha - 4.25**

**Mochaccino - 4.25**

**Oreo Hot Chocolate - 5.5**  
Oreo Syrup, Whipped Cream & Oreo Cookie

**Latte - 3.65 | 3.95**

Chocolate Syrup & shot of Espresso

**Cappuccino - 3.65 | 3.95**

**Coconut Latte - 4.25**

**Meringue-cino - 4.25**

**Filter Coffee - 3.25 | 3.65**

Coconut Syrup, shot of Espresso &  
Coconut flakes

Carmelized Peanut Syrup, shot of Espresso,  
Meringue pieces

**Toasted Marshmallow Hot Chocolate - 5.5**  
Oreo Syrup, Whipped Cream & Oreo Cream

## TEA

**Herbal Tea - 3.5**

**Pot of English**  
Breakfast Tea - 3

Earl Grey | Chamomile | Lemon Verbena | Peppermint | Lemongrass & Ginger | Blackcurrant & Hibiscus | Green

**Hot Water with Lemon - 2**

**Fresh Mint Tea - 3.5**

**Lemon Tea - 3**

## BELGIAN WAFFLE

**Classic - 10.5**

Icing Sugar, Vanilla Ice Cream, Whipped Cream  
& Chocolate Syrup

**Chocolate - 10.5**

Belgian Chocolate Sauce, Chocolate Ice Cream &  
Whipped Cream & Chocolate Syrup

**Maple - 10.5**

Maple Syrup, Vanilla Ice Cream & Whipped Cream

**Lotus Biscoff - 12**

Banana, Vanilla Ice Cream, Biscoff Crumbs & Whipped  
Cream

**Nutella - 12**

Strawberries, Chocolate Ice Cream, Chocolate Sauce &  
Whipped Cream

**Raspberry - 12**

Raspberry Compot, Vanilla Ice Cream, White  
Chocolate Sauce & Whipped Cream

## DESSERTS

**Apple Pie - 7**

Served with Ice Cream

**Chocolate Soufflé - 7**

Served with Ice cream

**Vanilla Cheese Cake - 7**

**Summer Berry Eton Mess - 11**

Meringues, Fresh Cream, Berry Fruits &  
Raspberry Compot

**Oreo Sundae - 11**

Vanilla & Chocolate Ice Cream, Oreo Cookies,  
Chocolate Syrup, Whipped Cream

**Pizza Nut - 11**

Pizza Dough Topped with Nutella, Crushed Nuts & Icing  
Sugar

Add Filling - 1

Lotus Biscuit | Oreo | Strawberries | Banana | Blueberries  
Marshmallows

## KANTEEN SPECIALS

Filled Croissants Served Warm

**Lotus Croissant - 9**

Biscoff Spread, Banana & Chocolate Syrup

**Fresh Cream & Strawberries - 9**

**Raspberry Almond Croissant - 9**

**Nutella Croissant - 9**

Nutella, Strawberries. Banana & Crushed Nuts

## DOUBLE THICK MILKSHAKES

Vanilla | Chocolate | Strawberry | Coffee | Butterscotch | Butter Pecan - 6

## FRAPPUCINO ICE COFFEE

**Original Iced Coffee Frappuccino - 5.5**

**Caramel Frappuccino - 6**  
Caramel Syrup & Whipped Cream

**Mocha Frappuccino - 6**  
Chocolate Syrup & Whipped Cream

**Espresso Frappuccino - 6**